

Introduction to Sexuality in OT

Pre-Module Survey

For each of the questions below, circle the response that best characterizes how you feel about each statement, where 1 = Strongly Disagree, 2 = Disagree, 3 = Agree, and 4 = Strongly Agree

	Strongly Disagree	Disagree	Agree	Strongly Agree
1. I have a good knowledge of sexuality related concepts	1	2	3	4
2. I have a good knowledge of OT's role in addressing sexuality	1	2	3	4
3. I have a good knowledge of barriers to addressing sexuality in OT practice	1	2	3	4
4. I have a good knowledge of ethical considerations to addressing sexuality in OT practice	1	2	3	4
5. I would feel comfortable addressing sexuality with clients	1	2	3	4
6. I would feel confident in my ability to address sexuality with clients	1	2	3	4
7. I commit to learning about the topic of sexuality in OT during this module	1	2	3	4

Introduction to Sexuality in OT

Post-Module Survey

For each of the questions below, circle the response that best characterizes how you feel about each statement, where 1 = Strongly Disagree, 2 = Disagree, 3 = Agree, and 4 = Strongly Agree

	Strongly Disagree	Disagree	Agree	Strongly Agree
1. I have a good knowledge of sexuality related concepts	1	2	3	4
2. I have a good knowledge of OT's role in addressing sexuality	1	2	3	4
3. I have a good knowledge of barriers to addressing sexuality in OT practice	1	2	3	4
4. I have a good knowledge of ethical considerations to addressing sexuality in OT practice	1	2	3	4
5. I would feel comfortable addressing sexuality with clients	1	2	3	4
6. I would feel confident in my ability to address sexuality with clients	1	2	3	4
7. I commit to continue learning about the topic of sexuality in OT throughout the curriculum	1	2	3	4

Name: _____

PLISSIT

Fill in the blank with what each abbreviation of PLISSIT means

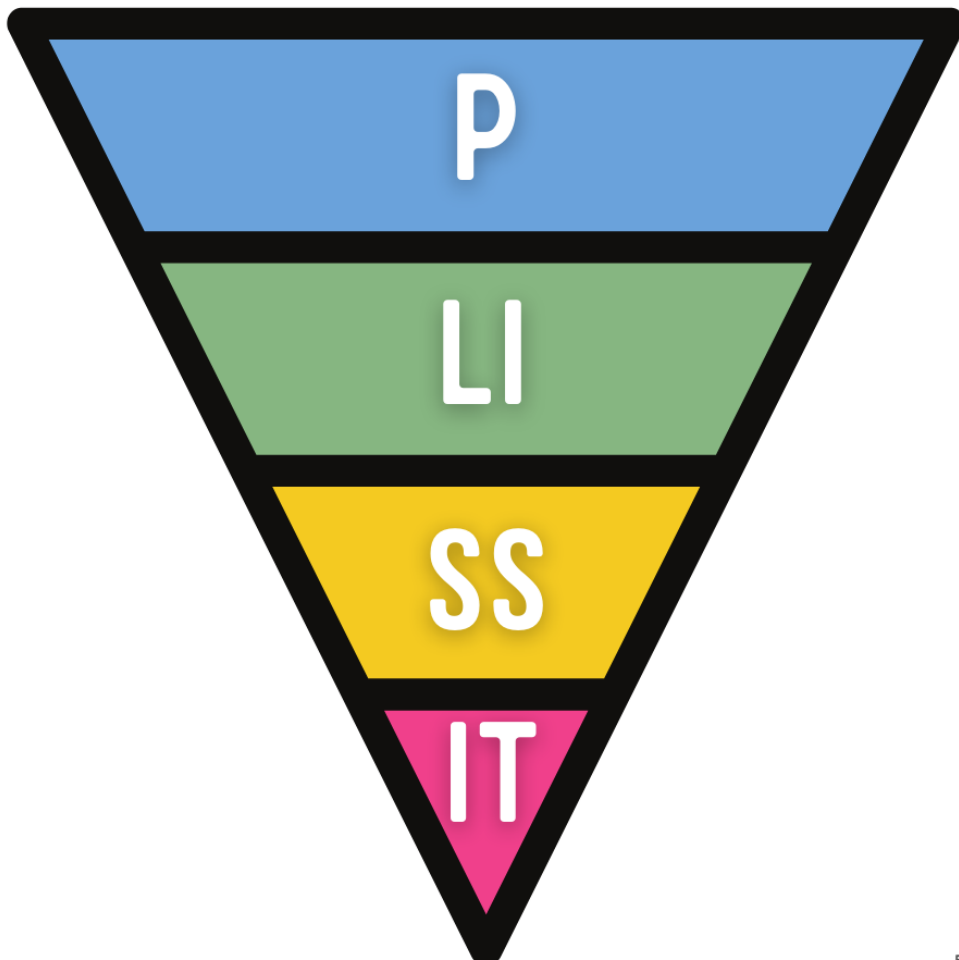
1. P: _____

2. LI: _____

3. SS: _____

4. IT: _____

PLISSIT MODEL



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ANSWER KEY

PLISSIT

1. P: (Permission)
2. LI: (Limited Information)
3. SS: (Specific Suggestions)
4. IT: (Intensive Therapy)

Occupational Therapy Sexual Assessment Framework Matching

Match each definition on the left to the concept on the right

1) Physiological and psychological drive, motivation, desire for participation in sex or intimacy

2) Ability to express oneself as a sexual being through daily activities, roles, rituals, routines

3) Ability to develop, manage, and maintain routines for sexual health

4) Knowledge, understanding, beliefs, and values about sex and intimacy

5) Personal views of self as a sexual being

6) Ability to safely engage in sexual or intimate activities

7) Body's physical response to sexual activity; arousal, lubrication, erection, orgasm

8) Ability to create and maintain close, intimate connections

9) Ability to develop, manage, and maintain routines assoc. with fertility, pregnancy, parenting

A. Sexual Knowledge

B. Sexual Activity

C. Sexual Interest

D. Sexual Response

E. Sexual Expression

F. Sexual Self-View

G. Intimacy

H. Sexual Health

I. Family Planning



Occupational Therapy Sexual Assessment Framework Matching

Answer Key

- | | |
|--|----------------------|
| 1) Physiological and psychological drive, motivation, desire for participation in sex or intimacy | C. Sexual Interest |
| 2) Ability to express oneself as a sexual being through daily activities, roles, rituals, routines | E. Sexual Expression |
| 3) Ability to develop, manage, and maintain routines for sexual health | H. Sexual Health |
| 4) Knowledge, understanding, beliefs, and values about sex and intimacy | A. Sexual Knowledge |
| 5) Personal views of self as a sexual being | F. Sexual Self-View |
| 6) Ability to safely engage in sexual or intimate activities | B. Sexual Activity |
| 7) Body's physical response to sexual activity; arousal, lubrication, erection, orgasm | D. Sexual Response |
| 8) Ability to create and maintain close, intimate connections | G. Intimacy |
| 9) Ability to develop, manage, and maintain routines assoc. with fertility, pregnancy, parenting | I. Family Planning |

Intro to Sexuality & Intimacy in OT

Lab Discussion & Activity Guide

In small groups, discuss the following questions:



What is the relevance & value of sexuality content in OT education?



How do you define sexuality & sexual health? Has that changed since engaging in this module's resources?



What are some barriers & ethical considerations to addressing sexuality in OT practice?



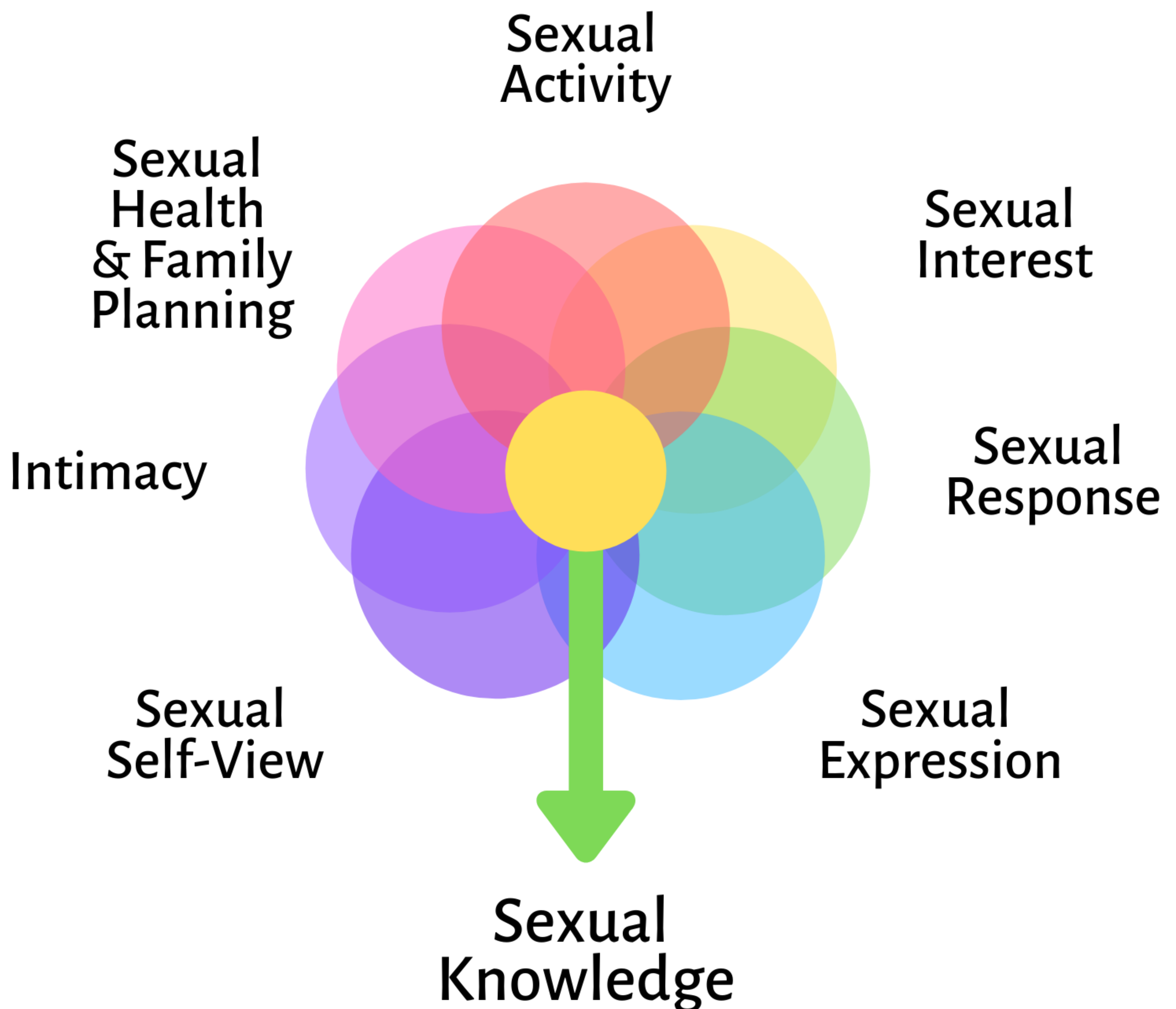
What is OT's role in addressing sexuality? What are some examples of what OT may address or do?

MY PRONOUNS ARE

What are some strategies you could apply to make OT a safe space for addressing sexuality?

Discuss what may be some everyday examples for each OTSAF construct as they may relate to OT.

OT Sexual Assessment Framework



Adapted from OTSAF visual diagram (Walker, 2020)

Connecting OTSAF to OTPF

Fill in the blanks with the associated OTSAF construct

Context

- Environmental Factors
- Personal Factors

Occupation

- ADL: _____
- IADL: _____ / _____
- Social Participation: _____
- Health Management: _____

Performance

- Performance Skills
- Performance Patterns

Person

- Client Factors
 - Values, Beliefs, Spirituality: _____
_____ / _____
- Body Functions: _____ / _____
- Body Structures